



Toll-free confidential help: 1-888-388-5459

The Lawyer Assistance Program(LAP) has assisted thousands of Maryland Lawyers. We provide free, confidential assistance to all Maryland Lawyers, Judges, Law School Students, and support staff by offering assessment, referral, short-term counseling, and continued support to ensure long term success. Everyone experiences personal concerns, and early intervention is the key to resolving these concerns. **The Lawyer Assistance Program offers financial assistance for Mental Health and Addiction Treatment.**

The Lawyer Assistance Program can make a difference.

Our services include help for a broad range of personal concerns such as:

- Anxiety
- Depression
- Marital and Family
- Addiction
- Stress and Burnout
- Prescription Drug Concerns
- Career Transitions
- Compulsive Spending
- Eating Disorders
- Secondary Trauma
- Bereavement
- Wellness
- Internet Addiction

Referring to the Lawyer Assistance Program can Save Someone's Life If you are concerned about another lawyer you can make an anonymous referral to the Lawyer Assistance Program.

Confidentiality

Federal and state laws and Rule 8.3 ensures the confidentiality of those who seek assistance or have been referred to the Lawyers Assistance Program.

Please feel free to reach out to our LAP Committee Members and Volunteers <https://www.msba.org/health-and-wellness/>

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